



Spectrum Podcasts

Dr. Jane Bluestein

Instructional Support Services, Inc. • Father Sky Media

Leading Learning: The Art, Science & Craft of Teaching

Guest: Glenn Capelli

Recorded: October 25, 2012

Background and Bio: An author, songwriter, radio and television presenter and creator of the *Dynamic Thinking* course for Leadership, Glenn Capelli has delivered a message of *creativity, innovation and thinking smarter* to audiences around the world. Glenn is a National Speakers Association Certified Speaking Professional, a Winston Churchill Fellowship Awardee and a member of MENSA. He is also a former 'hobo' who backpacked his way around the world for seven years, working in a variety of roles including a fish farmer on kibbutz in Israel, a comedian in Los Angeles, a travel writer in Kenya and a summer- camp counselor in North Carolina. Today he is a leading international keynote speaker and trainer whose clients come from a variety of organizations as diverse as the giant companies of corporate America to the tiny remote schools of outback Australia.

Program Description: Did you ever have a teacher who changed your life? Dr. Jane Bluestein talks with author, speaker, and songwriter Glenn Capelli about how teachers can have a powerful impact on a child's life— for good or bad. They discuss the importance of new and different experiences, including encounters with "the unfamiliar," getting out of our comfort zone from time to time, in order to build cognitive fitness, growing new brain cells and keeping our work fresh and inspiring. They talk about the kinds of teachers— and schools— where children "are queueing up to learn" and standing at the windows to learn at schools too crowded to take everyone who wants to be there. Capelli offers a wide range of experiences and tips not only to keep your passion as an individual and educator, but also to create the kinds of schools where kids are engaged, enthusiastic, and successful.

Additional Resources:

Glenn Capelli's Blog, <http://glenncapelli.com/category/blog/>

"Interesting Stuff" on Capelli's Site. Includes information and photos on their Bangladesh Schools Project, newsletters, articles, musings, song lyrics, poems, and audio clips, <http://glenncapelli.com/interesting-and-free-stuff/>

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Thinking Caps App by Glenn Capelli, <https://itunes.apple.com/au/app/thinking-caps-by-glenn-capelli/id561874119?mt=8&ls=1>

"The Most Influential Song," YouTube video with Glenn Capelli, <http://www.youtube.com/watch?v=3bzTy0LWcAs>

Mentors, Masters and Mrs. MacGregor: Stories of Teachers Making a Difference compiled and edited by Dr. Jane Bluestein, <http://janebluestein.com/2012/book-mentors-masters-and-mrs-macgregor/>

Creating Emotionally Safe Schools: A Guide for Educators and Parents by Dr. Jane Bluestein, <http://janebluestein.com/2012/book-creating-emotionally-safe-schools/>

"Survey: Is Your School an Emotionally Safe Place?" by Dr. Jane Bluestein, <http://janebluestein.com/2013/survey-is-your-school-an-emotionally-safe-place/>

"Picking up the Pieces: Reclaiming our Essence," by Dr. Jane Bluestein, <http://janebluestein.com/2012/picking-up-the-pieces/>

"The Power of Discouragement: The Impact of Feedback on Achievement," a fable, <http://janebluestein.com/2012/the-power-of-discouragement/>

"Practice Your Personal Kaizen," by Jason Thomas. More information about the concept of Kaizen and applying it to personal growth and improvement, <http://lifehacker.com/207029/practice-your-personal-kaizen>

Shlomo Breznitz on Cognitive Fitness. YouTube Video, part 1: <http://www.youtube.com/watch?v=cXO9eNsc2NM>; part 2: <http://www.youtube.com/watch?v=Fd2Dpt-VecI>; part 3: http://www.youtube.com/watch?v=KDc1n0_rbf8;

CogniFit Web site offering brain fitness exercises and assessment. Includes neurology and cognitive science research, brain training, brain games, and information on mental health, memory, and cognition. Available at <http://www.cognifit.com>

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